

Hippophae rhamnoides

Sea buckthorn



Hippophae rhamnoides Multistem 2.0-2.5m CG

Commonly known as the Sea Buckthorn, *Hippophae rhamnoides* is a deciduous shrub growing to a maximum height of approximately 6 metres. It is native to the cold temperature regions of Europe and Asia and can withstand temperatures of below -20C.

It has a broad vase-shaped crown with rough, spiny brown bark. Leaves are elongated grey-green before turning yellow in autumn.

In early spring, clusters of small green-yellow flowers bloom. This is shortly followed by fleshy, bright orange berries in the summer; a firm favourite with wildlife and birds.

Sea buckthorn is extremely resilient to salt laden winds and coastal conditions and therefore makes it a perfect tree for a location with these exposures. It is also tolerant to flooding and drought, making it an extremely resistant tree. *Hippophae rhamnoides* is also low maintenance, needing little to no pruning, depending on desired shape.

Plant Profile

Name: *Hippophae rhamnoides*

Common Name: Sea buckthorn

Family: Elaeagnaceae

Height: 4.0-6.0m

Width: 4.0-6.0m

Demands: Full sun or partial shade

Soil: Fertile, free draining soil. Will tolerate, nutrient-poor soil

Foliage: Narrow silver leaves turning yellow in autumn

Flowers: clusters of small white flowers followed by bright yellow berries.



Hippophae rhamnoides Berries



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Hippophae rhamnoides berries contain Vitamin C content 15 times greater than that of an orange.

Because of this, it is used in drinks and also the oils are used in some cosmetics.



Hippophae rhamnoides Multistem 2.5-3.0m CG



Silvery leaves are long and thin,
turning yellow in autumn



Hippophae rhamnoides 30-40cm Standard CG